



Prayer & Fasting Information Guideline

Focus: Revolutionary Revival

Fast Details & Restrictions: Liquid Only [100% fruit juice, fruit smoothies, vegan protein drinks, water]

Dates: Monday, June 3rd – Friday, June 7th

Time: 6am – 3pm DAILY

Why Do We Fast?

Fasting is an intentional effort to get closer to God. It is not about a diet, but it is a physical sacrifice and spiritual commitment to see God manifest in our personal lives. This is a corporate, unified experience where the church will be joining together in fasting and prayer. Because we are on one accord, everyone who participates in the fast will see God's full manifestation in Ignite 2019, the Tower of Prayer Church, and our personal lives.

Why Don't We Post About Fasting?

Fasting is strictly between you and God. It is a sacred process that does not require the attention of social media or conversation amongst others.

- Do not advertise
- Do not complain or make unfruitful comments pertaining your sacrifice
- To say what you're fasting from or why is just like broadcasting on Facebook how *much* your last financial offering was to God. **(Read: Mark 9:29, Matthew 6:18)**

What Is Prayer Important?

Fasting without prayer is a diet. God wants us to be healthy and treat our bodies with reverence because it is His temple, but when fasting, being healthy is not our only goal.

Connecting with God is our priority.

Prayer is your direct connection to God; it is our communication and quality time with God. Prayer is our way of giving thanks, trusting that he hears our desires, and knowing He can and will respond. **(Read: James 5:16)**

What Is Meditation?

Meditation is a sacrifice of time. It is a practice that requires us to be present and focus on God and His Word. Many times, we pray and do not allow God to speak to us. Meditation is a time to be still and listen. Find a Scripture, spend quiet, solitary time *meditating* on the Word and write down your reflections. **(Read: Psalm 1, Joshua 1:8)**

What Is Our Objective? What Do We Pray For?

We will be fasting for five days prior for the Ignite Conference 2019. Daily we will pray for the conference. We will pray for the following:

- Miracles, signs and wonders; may God hover over the BJCC and invade our hearts anew
- That all financial needs and obligations are met and exceeded
- Great weather conditions
- That attendees will come in massive numbers from the North, South, East and West and
- Praying for revolutionary revival for this region and abroad – people be saved, filled instantly with the Holy Ghost
- The Glory of God will manifest miraculously; miracles will be witnessed; shield of protection around our visionary, speakers, support staff and all attendees: no hurt, harm, danger or evil will prevail;
- We shall witness increase – spiritually, financially, physically, influence and terror



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The Word of God is the basis and focus of this corporate fast. Scriptures give us guidance, confirmation, and help us stay in constant connection with God's Word. These Scriptures will help guide you in prayer and meditation during this fast for Ignite 2019.

And let them make me a sanctuary, that I may dwell in their midst. Exodus 25:8 ESV

And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; Mark 16:17 NIV

Then he said to them all: "Whoever wants to be my disciple must deny themselves and take up their cross daily and follow me." Luke 9:23 NIV

Purify me from my sins, and I will be clean; wash me, and I will be whiter than snow. Oh, give me back my joy again; you have broken me— now let me rejoice. Don't keep looking at my sins. Remove the stain of my guilt. Create in me a clean heart, O God. Renew a loyal spirit within me. Do not banish me from your presence, and don't take your Holy Spirit from me. Restore to me the joy of your salvation, and make me willing to obey you. Psalm 51:7-12 NLT

But He was wounded for our transgressions, He was bruised for our iniquities; the chastisement for our peace was upon Him, And by His stripes we are healed. Isaiah 53:5 NKJV

For I am about to do something new. See, I have already begun! Do you not see it? I will make a pathway through the wilderness. I will create rivers in the dry wasteland. Isaiah 43:19 NLT

[...] And each day the Lord added to their fellowship those who were being saved. Acts 2:47 NLT

Won't you revive us again, so your people can rejoice in you? Psalm 85:6 NLT

"In the last days, God says, I will pour out my Spirit on all people. Your sons and daughters will prophesy, your young men will see visions, your old men will dream dreams. Acts 2:17 NIV

Indeed, the Sovereign LORD never does anything until he reveals his plans to his servants the prophets. Amos 3:7 NLT

I will answer them before they even call to me. While they are still talking about their needs, I will go ahead and answer their prayers! Isaiah 65:24 NLT

For more information concerning fasting & prayer, please visit www.ignitebham.com